



NINJA-SWIM COVID-19 PROCEDURES

We are focused on keeping everyone safe and well - ensuring you can enjoy your swimming with us. Please be aware of the following new procedures, which will continue for the foreseeable future. Our usual Terms and Conditions also still apply.

WHAT YOU NEED TO DO AT THE POOL.

- BEFORE you come, please shower at home if you can. This ensures the water stays clean for everyone and helps the chlorine be able to fight germs. Please make sure you bring your own goggles as we are currently unable to share.
- **REMEMBER TO VISIT THE TOILET BEFORE YOU COME SWIMMING.**
- **Come to the pool 'SWIM READY'** if possible, this means with your swimwear under your clothing so you can just undress to your swimwear by the side of the pool.
- **ENTER BY THE SIDE GATE** to the left of the main porch and walk around, this is a two-way route so please still be aware to stick to 2m distance. You can wait outside under cover by the pool building.
- **PLEASE AVOID GETTING CHANGED IN THE ENTRANCEWAY.**
- **AT YOUR LESSON TIME enter the pool building by the porch**, ensuring the previous class has completely vacated the poolside area, remove shoes as usual. Enter the poolside by the glass door to the right which leads onto the pool.
- One adult to one group where possible please, siblings should stay together in their marked out area and in their family group.
- The seating is spaced out with a chair for you to put your outdoor clothes on while you are swimming. These are spaced out for your safety so please ensure they remain where they are placed.
- **MASK WEARING IS YOUR PERSONAL CHOICE BUT PLEASE BE AWARE OF SAFE DISTANCING IN CROWDED AREAS.**
- If you or your child needs to use the toilet that's fine, provided the previous class has vacated the changing rooms, please ensure you have wiped down using the sanitising spray anywhere you have touched. Wash your hands.
- When the lesson is going on you can sit and watch poolside on your marked out area.
- **When lessons are finished go into the changing rooms to get dried and changed into a robe or onesie.** No showers can be used. Please ensure you have wiped down using the sanitising spray anywhere you have touched if possible. Wash your hands.
- EXIT the changing rooms, out through the porch and go out via the side-gate.

Above all enjoy your lesson!

THE SENSIBLE GUIDELINES TO KEEPING US ALL SAFE AND WELL.

Please ensure these are followed, if in any doubt please give us a call or text on 07810 720829.

WEAR a mask if you are in a crowded area, this is advised but not mandatory.

WASH your hands.

WIPE down anywhere you have touched.

KEEP your distance from others.

PLEASE DO NOT COME TO LESSONS If;

- You have a positive Covid-19 test, inform us immediately.
- If you feel unwell, have a fever, have lost your sense of taste and smell or have a persistent unexplained cough. Refer to Covid-19 guidelines for self-isolation measures.
- If you have recently been abroad and are required to quarantine.

ENTER
HERE
BY THE
SIDE
GATE

EXIT THROUGH THE SIDE GATE (LEAVE OPEN)

HUB BUILDING
(DO NOT NEED TO ENTER)

EXIT THROUGH THE SIDE GATE

AFTER LESSON DRESSING AREA

WAIT OUTSIDE
(undercover)
UNTIL JUST BEFORE
YOUR LESSON.

A FEW MINUTES BEFORE
YOUR LESSON TIME
ENTER USING
PORCH DOOR, GO
STRAIGHT THROUGH TO
POOL SIDE
'SWIM READY'
(remember to take off
your outdoor shoes)

